



MYX KRONOZ 

SMARTWATCH

DESIGNED IN SWITZERLAND

# ZeFit<sup>2</sup>

## ENGLISH

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# OVERVIEW

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To interact with ZeFit<sup>2</sup> touchscreen, double tap on the touch-sensitive area. ZeFit<sup>2</sup> touchscreen only respond to tap gestures in this specific touch-sensitive area. ZeFit<sup>2</sup> screen turns off when not in use. Double tap the touch area to wake the device. To ensure ZeFit<sup>2</sup> is responding accurately to your taps, we recommend using your fingertip and not your nail. To move between screens, swipe left or right

## 1. CHARGING



Charge ZeFit<sup>2</sup> for two hours before your first use.

1. Put ZeFit<sup>2</sup> on the magnetic charging dock
2. Make sure the pin on the charging dock fit correctly onto the charging terminals on the back of ZeFit<sup>2</sup>
3. Plug the small end of the USB cable provided into the charging's dock USB port
4. Plug the big end of the USB cable into a power source
5. A battery indicator will fill to indicate charging is in progress. Once ZeFit<sup>2</sup> is charged, the battery indicator will be full



A full charge takes 1:30 hour. When the battery level gets low, a battery indicator will appear.

## 2. PAIRING

The first time you use ZeFit<sup>2</sup>, a **SET UP** message will prompt you to set up your ZeFit<sup>2</sup> using a mobile device or a computer.

### GET ZeFit<sup>2</sup> APP

To set up your ZeFit<sup>2</sup> using your mobile device, you first need to get ZeFit<sup>2</sup> App. Search for **ZeFit<sup>2</sup>** App in the App store, Google Play or Windows Phone store, download and install the App on your mobile device.



Available on the  
**App Store**



ANDROID APP ON  
**Google play**



Download from  
Windows Phone Store

### System Requirements

#### iOs

iOS 7+ devices with Bluetooth 4.0 BLE  
iPhone 4s, 5, 5c, 5s, 6, 6 Plus, iPad (3<sup>rd</sup>, 4<sup>th</sup>  
and 5<sup>th</sup> gen) iPad Mini, iPod touch (5<sup>th</sup> gen)

#### Android

Select Android 4.3 +  
devices that support  
Bluetooth 4.0 BLE

#### Windows Phone

Select Windows  
Phone 8.1 that support  
Bluetooth 4.0 BLE

Visit [www.mykronoz.com](http://www.mykronoz.com) to get the latest compatibility list

1. Enable Bluetooth on your mobile device
2. Open ZeFit<sup>2</sup> App on your mobile device. **Sign up** if you are a new member or **Log in** with your existing account. After entering your personal information, tap **Set up**
3. Make sure ZeFit<sup>2</sup> is nearby and select ZeFit<sup>2</sup> in the list of devices
4. You will receive a pairing request on your mobile device. Press **Pair** to accept it
5. Then, a pairing request will appear on your ZeFit<sup>2</sup> display  
Tap on your ZeFit<sup>2</sup> to accept the pairing
6. When ZeFit<sup>2</sup> is successfully paired, you will be notified on ZeFit<sup>2</sup> and on your mobile device's screen



- You can also set up your ZeFit<sup>2</sup> using our Mac or PC software available on MyKronoz website: <http://www.mykronoz.com/support/>
- *System requirements:* Windows 7,8, XP - Mac OS X 10.8 and above

*i*

If pairing fails, repeat the same steps. Pairing is a one-time process. If you want to pair ZeFit<sup>2</sup> with another account, you first need to unpair it from the current one. Open ZeFit<sup>2</sup> App, go to Settings > Connect ZeFit<sup>2</sup> > Unpair ZeFit<sup>2</sup> . Tap Connect ZeFit<sup>2</sup> to pair a new device

### 3. WEARING

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ZeFit<sup>2</sup> has a removable wristband and is adjustable to fit different wrist sizes.

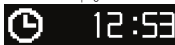
1. Pop ZeFit<sup>2</sup> tracker unit into the wristband
2. Place ZeFit<sup>2</sup> around your wrist and put the clasp pin inside the hole
3. Press a few times to ensure the pin is fully inserted and that ZeFit<sup>2</sup> is securely fastened



To get the most accurate data, we recommend wearing ZeFit<sup>2</sup> on your non-dominant hand and not too loose.

### 3. DISPLAYS

Homepage 24h



Successful pairing



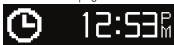
Sleep mode



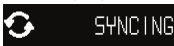
Anti-lost alert



Homepage 12h



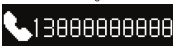
Syncing



Activity mode



Incoming call



Pairing request



Upgrading



Full memory



Low power



ZeFit<sup>2</sup> will automatically sync the time and date of your paired mobile device. You can set your preferred time and date format manually in the Settings tab of ZeFit<sup>2</sup> App. Make sure you keep the device charged to avoid the time being reset



## 4. ACTIVITY

ZeFit<sup>2</sup> tracks the number of steps taken, distance travelled and calories burned throughout the day. You can view your daily activity in real-time on ZeFit<sup>2</sup> display by swiping left or right on the touchscreen.



You can also monitor your activity data and history from the **Activity** tab of ZeFit<sup>2</sup>. On the main activity screen, you can check your performance level against your daily goals. Click on any activity bar to get a detailed graph of your daily, weekly and monthly performance.



ZeFit<sup>2</sup> shows daily data. The activity tracker resets at midnight. To upload your latest activity data, do not forget to tap the sync icon in the upper right hand corner of ZeFit<sup>2</sup> App

## 5. SLEEP

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ZeFit<sup>2</sup> tracks the hours slept and the quality of your sleep (light sleep, deep sleep, awake times)

### ■ START / EXIT SLEEP MODE

To start sleep mode, open ZeFit<sup>2</sup> App, tap on the bottom purple sleep bar, click on **Add sleep log > Start Sleep now**

To end sleep mode, open ZeFit<sup>2</sup> App, tap on the bottom purple sleep bar, click on **Add sleep log > Awake**

### ■ PRESET SLEEP

Open ZeFit<sup>2</sup> App > Go to **Settings > Advanced Settings** > Click on **Preset sleep** to enter your desired bed and wake up times. By default, ZeFit<sup>2</sup> will track your sleep from 11pm until 7am.



To upload your latest sleep data, do not forget to tap the sync icon in the upper right hand corner of ZeFit<sup>2</sup> App. If you forgot to activate sleep mode, you can manually add sleep logs in ZeFit<sup>2</sup> App. Open ZeFit<sup>2</sup> App, click on **Add sleep log > Add sleep**

## 6. GOALS

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Tap the **Goals** tab of ZeFit<sup>2</sup> App to set daily goals for steps taken, distance travelled, calories burned and hours slept. Click on the sync button in the upper right corner to save your goals. On the Steps screen of your ZeFit<sup>2</sup>, a progress bar will show how close you are to your daily goal.

Once you hit one of your daily goal, ZeFit<sup>2</sup> will gently vibrate and display a Goal achieved icon



## 7. REMINDERS

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Tap the **Reminders** tab of ZeFit<sup>2</sup> App to add daily life reminders. You can set up to 6 daily reminders, and choose the type of reminder and preferred time and day. ZeFit<sup>2</sup> will gently vibrate and display the corresponding reminder icon to alert you. A single tap on your ZeFit<sup>2</sup> can dismiss the reminder. If not dismissed, the same alert will repeat after two minutes.

## 8. NOTIFICATIONS

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ZeFit<sup>2</sup> shows notifications of incoming and missed calls, SMS, email, social media activity, calendar events and anti-lost alert\*. Open ZeFit<sup>2</sup> App, tap **Settings** > **Notifications** to select the notifications you want to receive onto your ZeFit<sup>2</sup>. If you wish to disable certain notifications, swipe the selection button to the left. A single tap on your ZeFit<sup>2</sup> can dismiss the notification. If not dismissed, the notification will reappear next time you wake up the screen.

### *Setting up notifications for iOS users:*

- Go to "Settings" of your iOS device
- Tap "Notification Center"
- Select which type of notifications you wish to receive on ZeFit<sup>2</sup>
- Enable "Show in Notification Center" to receive the notification on ZeFit<sup>2</sup>



Caller ID supports latin character only. For more languages support, please contact [support@mykronoz.com](mailto:support@mykronoz.com). \*Windows Phones may not support those features, please contact [support@mykronoz.com](mailto:support@mykronoz.com) for more information.

## 9. TECH SPECS

Size & Circumference	48 x 20 x 9.3 mm Min: 159 mm Max: 194 mm
Weight	21.5 g
Bluetooth	4.0 BLE
Bluetooth operating range	Up to 5 meters
Battery type	55 mAh
Battery life	Up to 5 days
Charging time	2 hours
Memory	5 days of activity
Display	Touchscreen OLED 128*32 pixels
Sensor	3-axis accelerometer
Operating temperature	-20°C to +40°C
Water resistance	IP67
International warranty	1 year